

KIESLECT

Kieslect Lady Watch Pura Series User Manual

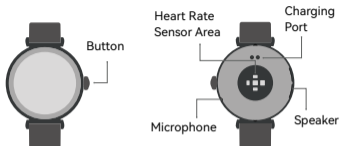


Get the manual
in more languages

NOTES:

1. The company reserves the right to modify the contents of this manual without any further notification. It is normal that some functions may vary in certain versions of software.
2. Please refer to this manual before using the product.
3. Before using this watch, you need to connect the APP to synchronize the time and set your personal information.
4. This product supports IP68 rank waterproof, not suitable for swimming and deep sea diving. Hot water, tea and other corrosive liquids are destructive to the watch, and will not be able to enjoy the product warranty and free maintenance services.

01 Appearance & Charging



Button Functions

Item	Once-Press	Double-Press	Long Press	Rotate
Button	Light up / Turn off screen / Back	SOS	Power on / Power off	Changing watch face / Page up and down / Brightness adjustment

Tips:

1. Charge for no less than 2 hours before use. Please use the correct charging adapter of 5V 0.5A or above;
2. If the watch cannot be turned on after a long time, please wipe the charging contacts of the charging cable clean when using it again to avoid sweat or water residue.

02 How To Wear

Please wear the device correctly on your wrist, about one finger from your wrist bone, and adjust it to a comfortable position.
The pictures below are for reference.



Tip: Incorrect wear may result in inaccurate health test data.

03 Download and Connect APP

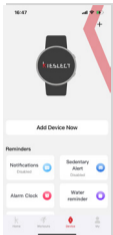
03.1 Scan QR code



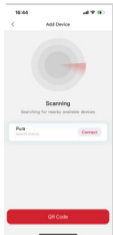
03.2 Install "Kstyle OS" APP



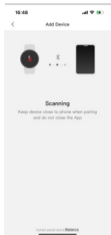
03.3 Open App, Click “ Add device now ” - Click to connect. - Click “ Pair ” to connect with Audio Bluetooth.



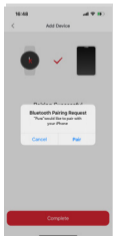
01



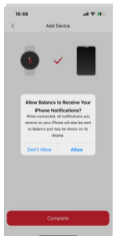
02



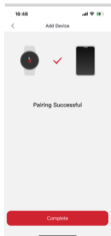
03



04



05



06

03.4 Check Connection Status



*Using BT call and playing music feature on the watch must be successfully connected to audio Bluetooth.

For more information on setting up and using the watch, please visit:
<https://www.kieslect.com/guide/user-manual/>

Tips:

1. Please upgrade the App to the latest version for a better experience.
2. The App is compatible with Andorid 6.0 and iOS 13.0 and above systems.
3. When connecting to Android for the first time, a "permission" reminder will pop up. Please follow the guide and allow the permission to ensure that all functions are used normally.
4. To connect successfully, open the phone's Bluetooth, GPS, and network.
5. If the device cannot be searched or connected during use, please retry after reboot or reset the device.
6. If you need to use functions such as message push, please make sure the App switch is on. The specific operation is as follows.



Open "Kstyle OS"



Device

Select the "Device"

Notification
Disabled



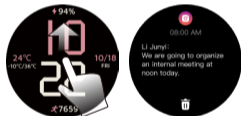
Click "Disabled"

04 Operational Instructions

1. Shortcut page: Slide down from main page, go to shortcut page.



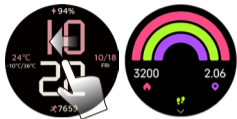
2. Open information : Slides bottom from main page to top.



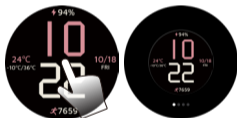
3. Open the main menu: Slide the main page from left to right to enter the list theme interface. You can switch between 3 theme styles (list, honeycomb, and rotate) in the Settings-Theme interface.



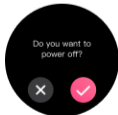
4. Open the shortcut page: slide the watch face main page from right to left.






5. Quick enter to dails change: go to the dial interface and enter the dial selection interface. Swipe left and right to switch dials, and click the selected dial to set it .



6. Power on / off: Press the side button for 3 seconds.



05 Function Introduction

 <p>The image shows a circular menu titled "Sports" with three options: "Outdoor Run" with a running icon, "Badminton" with a badminton icon, and "Swimming" with a swimming icon.</p>	<p>100+ sports modes: You can choose from 100 sports modes, and then you can view detailed sports data in the App.</p>
 <p>The image shows a circular "Daily Activities" screen with a rainbow-colored progress bar. Below the bar, it displays "3200" steps and "2.06" miles. There are small icons for a person, a location pin, and a downward arrow at the bottom.</p>	<p>Daily Activities: Record steps, distance, calories for the day. More detailed information analysis and data records can be viewed in the APP.</p>
 <p>The image shows a circular menu titled "Call" with three options: "Contacts" with a person icon, "Call logs" with a document icon, and "Dial pad" with a keypad icon.</p>	<p>Call: Dial Pad: You can enter a phone number and call. Call Logs: Record your call history. Contacts: Contacts can be added synchronously on the APP.</p>
 <p>The image shows a circular "Heart rate monitor" screen. At the top, it displays a heart icon and "102 bpm". Below is a histogram showing heart rate fluctuations over a 24-hour period. At the bottom, it shows a red triangle icon, "102", and a downward arrow, "68".</p>	<p>Heart rate monitor: measure the current heart rate value; the watch can record and display the 24h heart rate value throughout the day, monitor the heart rate in real time throughout the day, and the APP saves the average heart rate value every ten minutes. More detailed information analysis and data records can be viewed in the APP. (The value is for reference only and cannot be used as a medical basis)</p>



Sleep monitor:

Record and display the total sleep duration, deep sleep and light sleep duration of the previous night. More detailed information analysis and data records can be viewed in the APP.



Blood oxygen monitor:

Test the blood oxygen value; monitor and save data every ten minutes, more detailed information analysis and data records can be viewed in the APP. (The value is for reference only and cannot be used as a medical basis).



Weather:

Displays the weather conditions and the weather for the next 7 days.

The weather information needs to be connected to the APP before the data can be obtained. If the connection is disconnected for a long time, the weather information will not be updated.



Music control:

After connecting to the mobile phone, the watch can control the music play/pause/previous/next song on the mobile phone, and the volume can be adjusted.



Message:

Instant message reminder, 8 latest messages will be showed.



Alarm clock:

8 alarm clocks can be set, watch will vibrate, ring and display on.



Mood:

Test current mood, in app it displays full day 24 hours mood status. More detailed information and records please check it in app. This value is for reference only and cannot be used as a medical basis.



Stress:

Measure current stress level, in app it records and display full day 24 hours stress level data, More detailed information and records please check it in app. This value is for reference only and cannot be used as a medical basis.



Respiratory rate:
measure current Respiratory rate. This value is for reference only and cannot be used as a medical basis.



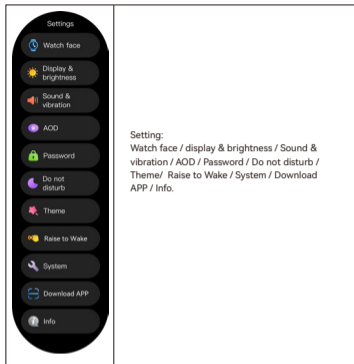
Breathing Exercise:
Set breath rhythm and time, follow instruction to completed breath training.



AI voice assistant:
Click AI voice function button, speak out wake up "word" wake-up AI voice assistant (for example, the wake up word of Xiaomi phone is "Xiao Ai"), please make sure the bluetooth function is successfully connected.



More functions
Stopwatch / Timer / Flashlight / Find phone / Remote camera / Calculator.



Other functions:

Sedentary reminder, lower battery reminder, incoming call reminder, shake to take photo, find watch, watch face / customized watch face, 12/24h time system, unit setting, turning the wrist to brighten the screen, physiological cycle reminder, goal achievement reminder.

Tips:

1. The above health data are for reference only and cannot be used as a medical basis.

06 Parameters

BT: 5.2

Screen size: 1.19

Waterproof: IP68

Net weight: 25.03g

Battery type: Polymer

Size: Ø40.08*10.03mm

Charging voltage: 5V

Battery capacity: 250mAh

Working temperature: -10°C~60°C

07 Warranty

1. The default hardware defect warranty is one year, and the battery and charging cable are half a year.
2. Defects caused to the following reasons are not free warranty services:
 - (1) Self-assemble or disassembly;
 - (2) Fall and damage during use;
 - (3) All man-made damage or due to the fault of a third party, improper use (such as: smart watch water, external force crushing, scratches in the use process, etc.);
3. When requiring after-sales service, please provide the detailed warranty card;
4. Warranty services, please contact with the direct dealers;
5. Please note that all functions of the product are based on physical objects.