



# Kieslect Calling Watch Ks2 User Manual



Get the manual  
in more languages

## Notes:

1.1 The company reserves the right to modify the contents of this manual without any further notification. It is normal that some functions may vary in certain versions of software.

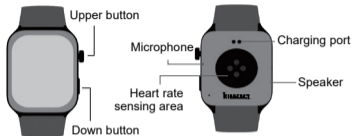
1.2 Please refer to this manual before using the product.

1.3 Before using the product, you need to connect the APP synchronization time and set your personal information.

1.4 This product supports 3ATM rank waterproof, Suitable for use in swimming pools and shallows; not suitable for deep sea diving, sea swimming or sauna, hot water, tea and other corrosive liquids are destructive to the watch, and will not be able to enjoy the product warranty and free maintenance services.

## 01 Appearance and charge

---



### Button functions

Item	Once-press	Three times-press	Long-press	Rotate
Upper button	Light screen/ Home/ Menu	SOS	Alexa / Turn off the power saving mode	Page flipping / Changing watch face
Down button	Sport mode/ Light screen	/	Power on/ Power off/ Restart	/

### Tips:

- 1.Charging no less than 2 hours before using. Please use the correct charging adapters which are 5V 0.5A above.
2. If the watch cannot be turned on after being placed for a long time, you need to wipe the charging contacts of the charging cable clean when using it again to avoid sweat or water residue.

Upper button	Function
Rotate	<ol style="list-style-type: none"> <li>1. Main dial interface, switch to the main interface in a loop.</li> <li>2. switch between applications in the application list.</li> <li>3. Sports list page, switch between sports types.</li> <li>4. Scroll through the pages displayed on more than one screen.</li> <li>5. Long press the screen to enter the dial replacement interface, rotate to switch dials.</li> </ol>
Short press	<ol style="list-style-type: none"> <li>1. Main dial interface, short press to enter the application list.</li> <li>2. Application list interface, short press to return to the main dial interface.</li> <li>3. Non-main dial, non-sports interface, press the button to return to the dial (allowed: timer, stopwatch in the background).</li> <li>4. Short press to pause during exercise.</li> <li>5. When the device is turned on and the screen is off, short press to turn on the screen.</li> <li>6. Press the physical button three times in a row to call emergency contacts.</li> </ol>
Long-press	<ol style="list-style-type: none"> <li>1. Long press 2s to enter Alexa.</li> <li>2. Long press the button to end the exercise during exercise.</li> <li>3. Long press to exit power-saving mode in power-saving mode.</li> <li>4. Long press 2s to turn on the device in power off state.</li> </ol>

Down button	Function
Short press	<ol style="list-style-type: none"> <li>1. When the device is turned on and the screen is off, press the button to turn on the screen.</li> <li>2. On main interface and application list, press the button to enter the sports list.</li> </ol>
Long-press	<ol style="list-style-type: none"> <li>1. Long press 5s to bring up the shutdown / restart interface.</li> <li>2. Automatically reset and restart after long pressing for more than 8 seconds.</li> <li>3. Long press 2s to turn on when the device is turned off.</li> </ol>

## 02 How to wear

---

Please wear the device on your wrist correctly, about one finger from the carpal and adjust it to comfortable position. Below pictures as reference.



Tip: Incorrect wear can result in inaccurate health test data.

## 03 Download & connect to APP

---

### 03.1 Scan QR code



### 03.2 Install the "KS OS" APP



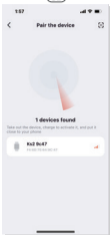
KS OS

03.3 Open the "KS OS" application -> Enable Bluetooth connection on your phone -> Search for device pairing in the application (or scan the QR code on the device) -> Complete the binding on the application (or device).

01



02



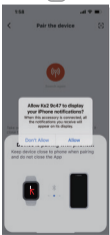
03



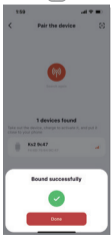
04



05



06



#### 03.4 Check the connection status.



\*Using BT call and playing music feature on the watch must be successfully connected to audio Bluetooth.

For further information about the settings and usage of watch, please visit: <https://www.kieslect.com/guide/user-manual/>

## Tips:

- (1) Please upgrade the App to latest version to get a better experience.
- (2) Android 6.0 and iOS 9.0 or above system are compatible with the App.
- (3) For the first time connection with android, "Permissions" reminder will pop-up, please follow up the guidance and allow permissions to ensure all functions working properly.
- (4) To connect successfully, please turn on mobile phone's Bluetooth, GPS and network.
- (5) If the device cannot be searched or connected during use, please reset or turn off the watch to try again.
- (6) You can't turn off your Watch while it's charging. To turn off your Watch, first disconnect it from the charger.
- (7) If you need to use the functions such as message push, make sure that the App switch is on.

The specific operations are as follows.

a. Open the "KS OS" App



b. Select the "Device"



c. Click "Turned on"





## 04 Operating Instructions

---

a. Shortcut page: Slide down from main page, go to shortcut, and slide up to return.



b. Information page: Slide up from main page, go to information, and slide down to return.



c. The main dial slide left in turn to display the quick application activity data, steps, Preferred sports, One-click measurement, sleep, weather, music.



d. On the main watch face interface, swipe right on the watch screen, You can access the smart X screen, which are time-wise and push different apps and alerts based on your usage habits.



e. Quick access to change watch faces: Long press the watch face on main page.



f. Main menu page: Once-click on upper button go to main menu, and click on again to return. Change the menu styles on setting page.



## X screen

At different times every day, the X smart screen will display different information according to the user's usage. The following information is pushed by the detailed rules are as follows.

06:00 to 10:00	<ol style="list-style-type: none"><li>1. Sleep data. If there is no sleep data on that day, the sleep card will not be displayed.</li><li>2. Weather data, if there is no weather data on the day, the weather card will not be displayed.</li><li>3. Exercise, display movement guidance when there is no movement data.</li><li>4. Reminders, no reminders on the day will not be displayed.</li><li>5. Musical cues.</li></ol>
10:00 to 21:00	<ol style="list-style-type: none"><li>1. Display the three most frequently used functions on the day.</li><li>2. Health data.</li><li>3. Activity data.</li><li>4. Gadgets: alarm clock, World Time, event reminder.</li></ol>
00:00 to 06:00	Sleep greeting every day.
06:00 to 24:00	The reminder function is pushed at the top of the X screen, including drink water reminder, event reminder, alarm clock reminder.

## **Power saving mode**

Users can enable this function in the control center, Settings or pop-up low battery reminder, after enabling the watch to enter the power saving mode, at this time all functions can not be used, only to check the current time and remaining battery. In addition, long press the button to exit the power saving mode.






## **Do not disturb mode**

Users can enable/disable this function in the control center or Settings. After enabling this function, the watch enters the Do not disturb mode, calls and notifications are silent and do not vibrate (except alarm clock), and the screen does not light up when the wrist is raised.

## **Vibration drainage**

The user can open this function in the control center, after opening the watch horn will play the audio cycle and vibration to discharge the liquid of the horn, after the drainage is completed, the user will shake the watch along the direction of the prompt, which can make the water in the horn hole drain more thoroughly.

## 05 Function introduction

	<p><b>Phone:</b> Connected to the mobile phone via Bluetooth, it can dial, answer, and hang up calls, and support viewing call records and a list of common contacts.</p>
	<p><b>Music:</b> After connecting to the mobile phone, you should turn on the icon "▶" to listen music.</p>
	<p><b>Alexa:</b> Currently via Alexa you can turn on the stopwatch, alarm clock, countdown, event reminder services on the watch. Support languages: fr-CA, en-AU, de-DE, pt-BR, en-US, fr-FR, en-GB, es-MX, en-IN, it-IT, es-ES</p>
	<p><b>Activity data:</b> Record daily sports data, including steps, Distance, calories, activity time.</p>
	<p><b>Heart Rate:</b> 24H heart rate monitoring set monitoring time interval and heart rate alarm threshold in the App.</p>

	<p><b>Blood Oxygen:</b> 24H monitor blood oxygen status, and automatic monitoring can be turned on in the App.</p>
	<p><b>Stress:</b> 24H monitor pressure conditions, and automatic monitoring can be turned on in the App.</p>
	<p><b>Sleep:</b> Intelligently monitor your sleep status and quality, record data and scientifically analyze sleep time.</p>
	<p><b>Workouts:</b> Support 100 sports modes, you can view heart rate, calorie consumption, steps, distance, pace, stride frequency, heart rate zone and training effect.</p>
	<p><b>Body energy:</b> The human body's energy is measured according to the human heart rate, activity, pressure and sleep. When the human body's energy is less than 20% or the energy drops rapidly, the watch will have a pop-up reminder.</p>



**Find phone:** When the watch is connected to the App, you can make your phone ring.



**Meditation:** Click Breath training icon to access this feature. you can choose the duration, it helps adjust your breathing;



**Cycle tracking:** After opening Cycle Tracking on the App, the watch will display the cycle tracking function options.



**Ambient volume:** You can manually measure noise on the watch. In addition, the watch supports automatic around-the-clock noise monitor.



**Weather:** After connecting the mobile phone, open and set the weather function in the App, the watch can display the weather information in recent days.

	<p><b>Alarm:</b> You can add, delete an alarm, or turn the alarm on/off on the watch, and also set an alarm for the watch via the App.</p>
	<p><b>Stopwatch:</b> Use the watch as a stopwatch. The stopwatch has a “Lap” function.</p>
	<p><b>Timer:</b> You can set a timer with a preset duration on the watch, and the timer will remind you when the timer expires; you can customize the timer time.</p>
	<p><b>Camera control:</b> Open the App after connecting to the mobile phone, the watch can remotely control the mobile phone to take pictures, and set the delay time and the number of continuous shots.</p>
	<p><b>World clock:</b> You can check on the watch in your city Time, and set the time on the app to be displayed on the watch in cities in other countries.</p>





**Running course:** Running course displays 6 courses by default: 6 minutes easy run, 10 minutes easy run, 15 minutes easy run, healthy run primary, Healthy run advanced, Health run intensification, through the above scientific and reasonable training courses with exercise stretching, gradually let the user improve the running ability.



**Workout records:** You can view your recent exercise records on the watch, including detailed data about your exercise; you can also view the exercise records on the App.



**Event reminder:** You can set a reminder, reminder time on the App. Once the setting is completed, the reminder will be synchronized to the watch.



**Intelligent exercise recognition :** Generally, after 5 minutes of exercise, the watch will pop up to remind whether to enable the exercise monitoring function

Reminder functions	Drinking Water Reminder, Sedentary Reminder, Heart Rate Reminder, Oxygen Alert, Stress Reminder, Call Reminder, Social Message Push, Walk Reminder, Exercise Reminder.
Other functions	Massive Online/Custom Watch Faces, Rise To Wake, Flashlight, Brightness Adjustment, Multiple Ringtones, Quick Reply To Messages, AOD, Exercise Goal Reminder,etc.

**Tips:**

- 1: More detailed information analysis and records can be viewed in the App.
- 2: The above health data are for reference only and cannot be used as a medical basis.

## 06 Parameters

---

Bluetooth: 5.3

Screen Size: 2.01"

Waterproof: 3ATM

Net Weight: 26.3g

Battery Type: Li-ion

Size: 50.2\*37.4\*10.6mm

Charging Voltage: 5V

Battery Capacity: 300mAh

Working Temperature: 0°C~60°C

## 07 Warranty

---

1. One year warranty for default hardware defectives, half of year for battery and charging cable.

2. Below reasons cause to defectives are not included in free warranty service:

(1) Personal assemble or disassemble.

(2) Falling damage during use.

(3) All man-made damage or due to the third party's fault, improper use (Such as: water in the smart watch, external force shattering, scratch during use etc.)

3. Please provide a warranty card with the details filled when request for after selling service.

4. Please contact with direct dealers for warranty service.

5. Please note all functions of the product are based on physical objects

## Warranty Certificate

Client Info			
Product Type		Vendor	(Stamp)
Client Name		Contact Info	
Vendor's Contact		Purchase Date	
Product SN Code			
Client's Address			
Vendor's Address			
Warranty Record			
Date	Problems	Diagnosis	More Info

Contact us: [service@kieslect.com](mailto:service@kieslect.com)

# IEC/EN 62133-2:2017

## AnnexC(informative)

### Recommendations to the end-users

The following represents a typical but non-exhaustive, list of good advice to be provided by the equipment manufacturer to the end-user.

- a) Do not dismantle open or shred secondary cells or batteries.
- b) Keep batteries out of the reach of small children.
- c) Battery usage by children should be supervised. Especially keep small batteries out of reach of small children.
- d) Seek medical advice immediately if a cell or a battery has been swallowed.
- e) Do not expose cells or batteries to heat or fire. Avoid storage in direct sunlight.
- f) Do not short-circuit a cell or a battery. Do not store cells or batteries haphazardly in a box or drawer where they may short-circuit each other or be short-circuited by other metal objects.
- g) In the event of a cell leaking, do not allow the liquid to come in contact with the skin or eyes. If contact has been made, wash the affected area with copious amounts of water and seek medical advice.
- h) Do not use any charger other than that specifically provided for use with the equipment.
- i) Do not use any cell or battery which is not designed for use with the equipment.
- j) Always purchase the battery recommended by the device manufacturer for the equipment.
- k) Keep cells and batteries clean and dry.

- l) Secondary cells and batteries need to be charged before use. Always use the correct charger and refer to the manufacturer's instructions or equipment manual for proper charging instructions.
- m) Do not leave a battery on prolonged charge when not in use.
- n) After extended periods of storage, it may be necessary to charge and discharge the cells or batteries several times to obtain maximum performance.
- o) Retain the original product literature for future reference.
- p) Use the cell or battery only in the application for which it was intended.

Technical specification for low-power radio frequency equipment  
Experiments have proved that for low-power radio frequency equipment, companies, stores, or users are not allowed to change the frequency, increase the power, or change the specifications and functions of the original design without approval. The use of low-power radio frequency equipment must not affect flight safety and interfere with legal communications; when interference is found, it should be disabled immediately and adjusted until there is no interference before continuing to use. The aforementioned legal communication refers to radio communication operated in accordance with the provisions of the Telecommunications Management Act. Low-power radio frequency equipment must endure interference from legitimate communications or industrial, scientific, and medical radio-radiating electrical equipment.

#### 1. Products with screen display

Excessive use will damage the vision

- (1) Please rest for 10 minutes every 30 minutes of use.
- (2) Children under the age of 2 should not watch the screen, and children over the age of 2 should not watch the screen for more than 1 hour a day.